



NEPETA X FAASSENII 'SELECT BLUE' CATMINT

Originating from Europe and Asia, this little plant has taken the world by storm, charming cats and humans alike. The leaves and stems contain an essential oil (nepetalactone), that when vaporized, triggers a narcotic buzz in felines. This compound is released when cats lick or bite the foliage, making them frisky! Blossoms brimming with nectar attract hummingbirds and butterflies. Tidy mounds of soft grey-green foliage make an ideal border for perennial gardens. Spikes of sterile lavender flowers occur from spring through summer, depending on the elevation and summer temperatures. Faded flowers should be cut off promptly to sustain a long bloom season. The fragrant foliage is resistant to browsing by deer and rabbits. In hot low deserts some afternoon shade is recommended. The combination of high heat and humidity appears to cause problems with this plant; it prefers an arid climate.

AT A GLANCE SUMMARY	
SIZE (H X W)	12-18 in. x 18-24 in.
FLOWER COLOR	Blue
FLOWER SEASON	Spring through Summer
EXPOSURE	Full Sun, Light Shade
WATER	Low to Moderate
GROWTH RATE	Fast
HARDINESS	-20° F, USDA Zone 4
PRUNING	Shear off Spent Flower Heads



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